



Health Restrictions for Activities - Santa Rosa County Schools

Updated July 7, 2020

- **Currently:**
 - Restrictions end on July 17, but may be extended.
 - Rehearsals starting July 20 MAY proceed without restrictions.
 - All decisions are per Santa Rosa County Schools & Information given by the CDC
 - Times, details, and restrictions are subject to change.
 - Please consult the Band Calendar for all future dates.
- **Please Note:**
 - If you are not feeling well, especially with a fever, please **DO NOT COME TO REHEARSAL!**
 - Students will not be penalized for missing summer rehearsals due to illness.
 - If you have been in contact with a person that has a positive Covid-19 case and/or are currently in quarantine, please **DO NOT COME TO REHEARSAL!**
 - If you are uncomfortable coming to summer rehearsals, that is okay. We will be following strict guidelines & the choice to attend is between you & your parents.
 - If you are missing rehearsal, please email me at donahoov@santarosa.k12.fl.us to confirm your absence.
 - Ms. Donahoo will be wearing a mask and social distancing with students at all times.
 - Any band staff will be required to wear a mask and practice social distancing.
 - Safety of all (students, staff, volunteers & families) involved is my highest priority.
- **Coming On Campus:**
 - A Health Screening process will take place before students enter the building.
 - Students will need to have the Community School Form filled out to attend summer rehearsals on campus.
 - Students must maintain a 6 foot distance at all times.
 - The band room has been marked with masking tape where students will stand while inside.
 - Students are expected to wear a mask when not playing a wind instrument.
 - Rehearsals may only include groups of less than 50 students at a time.
 - Enter and exit rehearsal only through indicated locations.
 - Leadership: Please arrive no earlier than 30 minutes prior to your rehearsal for screening & stay in your car until you are able to be screened.

- Other members: Please arrive no earlier than 15 minutes & stay in your car until you are able to be screened.
- **Screening Questions:**
 - Please review the following questions. If you answer yes to any of the first three, please stay home.
 - You will not be penalized for missing summer rehearsals if you are sick.
 - Any signs or symptoms of cough, sore throat, fever, diarrhea, fatigue or muscle aches?
 - Have you recently lost your sense of smell or taste?
 - Have you had contact with someone who is sick?
 - Have you been outside the area in the last 2 weeks?
 - Have you had visitors to your home outside the area the last 2 weeks?
 - After answering these questions, students will have their temperatures taken.
 - If their temperature is 100.3°F or above, they will be sent home.
- **Students will:**
 - Rehearse in 2-Hour Blocks.
 - Use a designated bathroom and will be used 1 at a time.
 - Need to sanitize personal equipment at the end of each rehearsal.
 - Need to take their instrument/music binder/water jug home every day.
 - There will be no access to band lockers
 - The only exception MAY be for Sousaphones & Percussion
 - Bring their own water in a large gallon cooler.
 - Coolers MUST be filled before arriving on campus.
 - Please write your name on it in permanent marker.
 - No water will be provided at the school.
 - No refills will be allowed on campus.
 - All water fountains will be covered and/or turned off.
 - Students without the appropriate filled water jugs will be sent home.
 - Not sit in chairs
 - Students will sit on the floor & may bring a towel or cushion to sit on if you prefer.
 - The school has recently cleaned the carpets in the band room.
- **Parents:**
 - No parent volunteers permitted on campus at this time.
 - Parents picking up/dropping off students should remain in their car.
 - Parents cannot come to watch, take pictures, bring snacks, etc.

Failure to follow the new restrictions and guidelines may earn students dismissal from rehearsal.

Again - If you are feeling unwell, please DO NOT COME TO REHEARSAL!

Band Camps & Rehearsal Schedule

Plan to be outside for all rehearsals!

- **Week #1, July 13-17 (Percussion, Guard, & Leadership)**
 - Monday, July 13
 - Leadership Only: 10:00 am - 12:00 pm
 - Tuesday, July 14 - Friday, July 17
 - Color Guard & Drum Majors: 8 am - 10 am
 - Percussion: 12 pm - 2 pm
 - After this week, you will be split into groups A, B, & C to allow for more focused rehearsal time.
- **Week #2, July 20-24 (Full Band)**
 - Color Guard: 8 am - 10 am & Percussion Group A: 8 am - 10 am
 - Brass & Percussion Group B: 12 pm - 2 pm
 - Woodwinds & Percussion Group C: 4 pm - 6 pm
- **Week #3, July 27-31 (Full Band - Two options - TBA)**
 - Similar to the previous week
 - Adjusted due to needs of the group/allowed by guidelines - TBD
- Due to restrictions, we will not have our traditional Parent Preview Show on July 31st and will be rescheduled for a later date.
- Again, safety of all (students, staff, volunteers & families) involved is my highest priority.

Research for Your Information

Feel free to read through the following links regarding Music Education practices and Covid-19.

- **National Association for Music Education**
 - Provided a guideline for schools on a national level to begin focusing on the 2020 Fall school year. You can find it linked below.
 - https://nafme.org/wp-content/files/2020/06/NAfME_NFHS-Guidance-for-Fall-2020.pdf
- **Colorado State University Study**
 - There is currently a study being done by the Colorado State University researching the microscopic particles that fly from musical instruments, singing, and theatre.
 - It has been funded by many state-level and national music organizations.
 - The results for Wind Instruments will be released on **July 10** and Singing/Theatre on July 22. We will know more after hearing the conclusion of this study.
 - <https://www.nfhs.org/media/3812312/risk-of-transmission-instrument-playing-vsfinal.pdf>

- **National Federation of State High School Associations (NFHS) Music Committee Sports Medicine Advisory Committee (SMAC)**
 - Guidance for a return to High School Marching Band
 - <https://www.nfhs.org/media/3812329/2020-nfhs-guidance-for-returning-to-high-school-marching-band-activities.pdf>